



Together... let's help OUR neighbors get the food they need to THRIVE!

TOGETHER, WE CAN.



We Need Your Help !!

PLEASE HELP US SUPPORT THE STUDENTS AT
BAKERFIELD ELEMENTARY & JOPPATOWNE HIGH SCHOOL

Both of these schools are located in areas where the percentage of low income households is extremely high. The HOPE Center of Maryland is committed to help with providing needed school supplies... Will you help too?

We are requesting supplies from the lists below

Bakerfield Elementary School

- Dry erase markers
- Composition books
- Single subject notebooks
- File folders with pockets and brads
- Colored markers
- Glue sticks
- Pencils
- Pencil top erasers
- Backpacks



Deadline

August 16th



Joppatowne High School

- Pencils, Sticky notes
- Folders, Pens (multi color)
- Highlighter, Spiral notebooks
- Index cards, Sharpies
- Binder dividers, Color pencils
- Sketchbooks, Pencil pouches
- Planners, Markers
- Whiteout tape
- Mead 5 Star Binders



Drop off at The HOPE Center at 2845 Churchville Rd, Churchville, MD 21038
For more information call Terry Robert at 443.787.9290 or email at robert@thehopecenterofmd.com
Pickup is available

These students need our help!

The Hope Center of Maryland

Presents

31ST ANNUAL BOWL-A-TION



STRIKE OUT HUNGER



MORE INFORMATION COMING SOON!



SATURDAY, OCTOBER 14, 2023

3PM-6PM

(REGISTRATION STARTS AT 2:30PM)

4 MEMBER TEAMS PER LANE



FOREST HILL LANES

1 Maurice Drive, Forest Hill, MD 21050

For more information, please contact

Robert Meza @ 443.787.9290

robert@thehopecenterofmd.com

ALL PLEDGES ARE DUE ON THE DAY OF EVENT

REGISTRATION FEE INCLUDES 3 GAMES AND SHOE RENTAL FOR ONLY \$25 PER PARTICIPANT

Lace up those bowling shoes for a fun time to benefit The HOPE Center of Maryland. Get your team together and come to Forest Hill Lanes and help us strike down poverty in OUR community. Proceeds will be used to provide food to those in need.

Together we can make a difference!



Hope Feeds... Donate Today.

our community supporters.

Listed below are several ways you can partner with The HOPE Center to continue its mission to ensure that no one in Harford County goes hungry:

- You can provide a family of four with (1) day of groceries for \$25.
- You can support a local senior program with essential supplies such as laundry detergent, cleaning products and paper goods for \$50.
- You can provide food for students from local Title I schools in the community for \$75.
- You can provide a family of four with (4) days of groceries for \$100.
- You can help a local pantry program fill their shelves with needed food items for \$150.

Visit our website to find out more or to make a donation!

Donate Here!



Are you an enthusiastic vegetable gardener?
End up with too many
tomatoes, zillions of zucchini and a
counter full of cucumbers?

Did you know you can donate your surplus produce to The Hope Center of Maryland, a non-profit food bank located in Churchville, MD?

Last year The Hope Center received 35,000 pounds of fresh produce from area farmers and home gardeners like you! The Hope Center then distributed it to 16 Harford County community food give-away programs and 3 fixed income senior housing communities.

Don't think you'd have enough to donate? Consider teaming up with your neighbor gardeners to make donations. You CAN make a difference!

The Hope Center accepts any variety of produce, as long as it is in good condition. Donations can be made M-F 10 am-3 pm, at 2845 Churchville Road, Churchville, MD 21028. Contact Robert Meza to arrange a drop off by emailing robert@thehopecenterofmd.com or call/text 443-787-9290

www.thehopecenterofmd.com

Together we can help provide those in need with delicious home-grown vegetables!



Faith makes all things Possible. Love makes all things Easy.


Hope makes
all things *Work.*

CHECK IT OUT!



Virtual Food Market

You can support our hunger relief efforts by shopping on our Virtual Food Market. The best part is that it is easy, simple and from the comfort of your home. This is a way to help provide the much needed food to our neighbors in need!

Visit our website to find out more! www.thehopecenterofmd.com

DEAR DONOR,
THANK YOU!

IN THE COMMUNITY!

— CARING FOR OTHERS. PROVIDING HOPE —



Upcoming Events

If you would like to volunteer at any of these community events, please contact Robert at robert@thehopecenterofmd.com or 443.787.9290 for more information.

- **Thursday, August 17th** - Aberdeen Courts - senior food giveaway
- **Saturday, August 19th** - The Sharing Table - Community feeding
- **Wednesday, August 24th** - Park View Bel Air - senior food giveaway
- **Saturday, August 26th** - Park View Box Hill - senior food giveaway
- **Thursday, September 21st** - Aberdeen Courts - senior food giveaway
- **Saturday, September 23rd** - Redner's Bel Air - food collection drive
- **Thursday, September 28th** - Park View Bel Air - senior food giveaway
- **Saturday, September 30th** - Park View Box Hill - senior food giveaway
- **Saturday, October 14th** - 1st Annual Bowl A Thon fundraiser
- **Thursday, October 19th** - Aberdeen Courts - senior food giveaway
- **Thursday, October 26th** - Park View Bel Air - senior food giveaway
- **Saturday, October 28th** - Park View Box Hill - senior food giveaway
- **Saturday, December 30th** - The Sharing Table - Community feeding

- AUGUST WISH LIST -

WAYS TO DONATE:

- You may order at Walmart
or any other retailer

Virtual Food Market: See Website at
www.thehopecenterofmd.com

Contact us to make drop off/pick up
arrangements or if you have any questions

- **Dropoff:** 2845 Churchville Road
Churchville, MD 21028
(Tuesday - Friday 11AM to 3PM)

• **Email:** robert@thehopecenterofmd.com

• **Phone:** 443.787.9290

NEEDS THIS MONTH:

Jello Cups - various flavors

Tuna in water - small cans or packs

Pasta sauce & boxes of pasta

Lance/Austin/Ritz - Cheese on cracker or Peanut Butter on cracker

Laundry Detergent - liquid 33 or 64 ounce packs (like The Huber brand)



Monthly Wishlist

We can do the shopping for YOU!

Since February 2020, The HOPE Center of Maryland has received 528,800 pounds of food and non-food necessities in lieu of monetary or actual food contributions. Gift card donations from local retailers such as Aldi, ShopRite, Target, or Walmart are welcome! You may drop off at our administrative office at 2845 Churchville Road, Churchville, MD or mail your gift card to this address.



Community Spotlights

Seasonal produce is an important part of maintaining good health and a way to get your daily intake of vitamins and minerals. They protect against illness, are low in sugar, calories and fat, and can help you lower cholesterol levels and blood pressure. Studies have shown that potent antioxidants and phytochemicals in plant foods increase circulation and decrease inflammation. Eating multiple servings of fruits and vegetables every day can help one feel lighter physically and emotionally.

The HOPE Center of Maryland encourages nutritious eating when possible. We are so grateful and thankful to local farmers such as, Third Way Farm, Jones Farm, Lohr's Orchard, Z Farm and First Fruits Farm in Freeland, Maryland, plus many area gardeners who provide weekly donations of fresh produce. This gives the recipients of our beneficiary network an opportunity to have access to these healthy items.

Last year The Hope Center received 38,000 pounds of fresh produce and then distributed it to several Harford County community food give-away programs and local senior housing communities.

If you would like to contribute, please contact Robert at robert@thehopecenterofmd.com

Together we can help provide those in need with delicious home-grown vegetables!



The HOPE Center volunteer, Bob, with Third Way Farm owner, Tommy.





The HOPE Center volunteer, Bob, with employee from Z Farm.





HANDS for HOPE: Senior Food Distribution Services

As the cost of basic necessities continues to rise, individuals and families in Harford County are struggling to keep up. The situation is particularly difficult for seniors in our community. Through HANDS for HOPE, The HOPE Center currently provides to residents of several senior housing facilities, including Park View Bel Air, Aberdeen Courts, Park View Box Hill, and Abingdon Gardens. These monthly "shopping days" supply seniors with food supplies, as well as a chance friendship and fellowship.

Also, The HOPE Center drops off additional foods when available during the month such as fresh produce (when in season) and Wawa sandwiches and pastries (that are donated to The HOPE Center).

If you are interested in helping at one of these events, please contact Robert at robert@thehopecenterofmd.com or 443.787.9290. See event calendar above.



We Love Our Volunteers! **TOGETHER WE CAN!**

Volunteers are the heartbeat of The HOPE Center of Maryland. Every day, volunteers are making a tangible contribution to our communities. They collect, sort, pack, and distribute food donations, and remind us that our mission could

not be achieved without them. We have opportunities for everyone – individuals, families, community organizations and corporate groups. Please visit our website at www.thehopecenterofmd.com for information on volunteering at the Center.



Who We Are

The mission of The HOPE Center of Maryland is to bring hope to those in need within our community. Through community partners, we collect food and other essential staples and distribute these products to our network of beneficiaries. Our effort provides these community programs, senior living communities and churches the resources they need to optimally support the people they serve.

We endeavor to provide our neighbors with the food they need to thrive and instill hope for a bright future.

Donate Here!

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[f](#) [@](#) [p](#) [m](#)

Site & Mailing Address:

The Hope Center of Maryland, Inc.
2843 Churchville Road
Churchville MD 21028